Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan 2026-2027

School Name & Location Number:	Dr. Carlos J. Finlay Elementary
Principal:	Madelyn Rodriguez
Phone Number:	(305) 552-7122
School Wellness/Healthy School Team Leader:	Elena Octala
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Elena Octala, Assistant Principal; Liza Alonzo, ESE Teacher; Nicole Del Cueto, Primary Teacher; Ariel Cabrera, PE Teacher; Bridget Cruz, Intermediate Teacher; Dania Martin, Clerical Staff; Anelis Mendez, Cafeteria Manager; and Elly Miedes, Parent
Committee Meeting Dates (list at least 4):	9/29/26; 11/16/26; 01/11/27; 4/12/27
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☒Nutrition ☒Physical Education ☒Physical Activity ☒Health and Nutrition Literacy ☒Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	**Nutrition:** Promote the school's free breakfast/lunch and healthy eating habits. **Physical Education:** Fitnessgram testing; aerobic exercise during PE, including walking and running. **Physical Activity:** APEX Fun Run; Implementation of GoNoodle during indoor recess **Health and Nutrition Literacy:** Mental health read alouds; Green Team Challenge **Preventive Healthcare:** Colgate Bright Smiles Dental Screening, Vision and Hearing screenings, BMI screening, and implementation of health curriculum

Sustainability Practices:	Promoting environmental and information throughout the school; Implementation of a Share Table, Food Composting in the cafeteria, Incorporating hands-on lessons in the school gardens, and Green Schools Challenge
Community Engagement:	The Education Fund, Fairchild Tropical Gardens, FIU Athletics Department, Superintendent's 5K Run, Give Miami Day Walk/Run
Monitoring and Evaluation:	The School Wellness Committee meets regularly to develop and update our School Wellness Action Plan, oversee its implementation, and address health and nutrition priorities across our campus.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	Maintenance of our school's Skeeter Garden by the Green Team, cheerleading team promotions, soccer team promotions, field day, healthy eating habits education, mental health read alouds with our counselor, implementation of the Fairchild challenge and Dream in Green Academy, visitation by the Education Fund for nutrition literacy, implementation of Share Table and Food Composting.