



Miami-Dade County Public Schools  
**School Wellness/Healthy School Team Committee Action Plan**  
 School Year: 2021-2022

School Name & Location Number:	Dr. Carlos J. Finlay Elementary - #5061	
Principal:	Marie Orth-Sanchez	
Phone Number:	(305) 552-7122	
School Wellness/Healthy School Team Leader:	Elena Octala	
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Elena Octala, Assistant Principal Maria Zalamea, Primary Teacher Gloria Mederos, Intermediate Teacher Monica Leganoa, Intermediate Teacher Roxana Garcia, Cafeteria Manager	Yasmery Hernandez, ESE Teacher Ariel Cabrera, PE Teacher Dania Martin, Clerical Staff
Committee Meeting Dates:		
<b>ACTION PLAN</b>		
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare	
Steps to Achieve School Wellness/Healthy School Team Goal:	<p><b>Nutrition</b></p> <ol style="list-style-type: none"> <li>1. Promote the school's free breakfast and lunch program through District provided contests and announcements on morning announcements.</li> <li>2. Promote healthy eating habits during lunch.</li> </ol> <p><b>Physical Education</b></p> <ol style="list-style-type: none"> <li>1. Fitnessgram Testing</li> <li>2. Promoting physical activity at home and after school</li> <li>3. Allowing opportunities for students to run/walk during PE.</li> <li>4. Promoting involvement in extracurricular sports.</li> </ol>	

	<p><b>Physical Activity</b></p> <ol style="list-style-type: none"> <li>1. Implementation of Go Noodle application during PE in grades K-2.</li> <li>2. Allowing opportunities for students to run/walk during PE.</li> </ol> <p><b>Health and Nutrition Literacy</b></p> <ol style="list-style-type: none"> <li>1. Implementation of the Green Team Challenge</li> <li>2. Implementation of the Fairchild Challenge</li> <li>3. Implementation of Dream in Green Academy</li> <li>4. Visitation by the Education Fund for nutrition literacy.</li> </ol> <p><b>Preventive Healthcare</b></p> <ol style="list-style-type: none"> <li>1. Promote wellness activities</li> <li>2. Health and Human Body curriculum during Science</li> </ol>
<p>Community Engagement:</p>	<p>The Education Fund Fairchild Tropical Gardens FIU Athletics Department</p>
<p>Monitoring and Evaluation:</p>	<p>Committee meets to develop action plan, monitor implementation and address health and nutrition concerns.</p>
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<p>Maintenance of our school's Skeeter Garden by the Green Team.</p>